

**BARBARA BROWN, MA, LPC**  
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**EDUCATION &  
TRAINING**

M.A. Counseling Psychology, University of Colorado, Denver, CO 2002  
B.S. Criminal Justice, Metropolitan State College, Denver, CO 1993  
Licensed Professional Counselor CO-LPC 4799

- Body-Energy Practitioner Training (1<sup>st</sup> year to be completed May 2012)
- Teacher's Assistant for Somatic Archaeology Certification program May 2011
- Somatic Archaeology-Earth Centered Healing Certificate Dec. 2010
- Brainspotting Training Level 1 and 2, October 2010
- Releasing Emotions With Essential Oils August 2010
- Trauma First Aide Training, June 2010
- EMDR & the Art of Psychotherapy With Children, October 2009
- Trauma, PTSD & Grief Training, September 2009
- Advanced Neuro Emotional Technique, December 2008
- Basic Neuro Emotional Technique, October 2008
- Developmental Needs Meeting Strategy (DNMS), June 2006
- Moral Reconciliation Therapy, Correctional Counseling, Inc. Jan. 2006
- EMDR Level 2, EMDR Institute, December 2005
- TFT, Thought Field Therapy, Basic Training, COVA, Nov. 2005
- EMDR Level 1, EMDR Institute, April 2005

**EXPERIENCE**

**Therapist, Private Practice, Westminster, CO (Jan. 2005-Present)** Provide therapy to clients concerning life issues including stress management, anxiety, depression, family of origin issues, trauma, parenting concerns, and other problems causing distress in the client's life.

- Prepare treatment plans, case notes, and maintain case files
- Knowledge of DORA regulations and Colorado Mental Health Statutes
- Ongoing research and training to ensure competent and professional standards

**Trainer (Ongoing):** Provide education and training on a variety of topics including counseling techniques, stress management, vicarious trauma, dealing with grief, and self care.

**Juvenile Diversion Counselor, Denver DA's Office (Aug. 2005-April 2006)** Provide brief counseling and case management to youth ages 10 to 18 who are involved in the criminal justice system.

- Organized and facilitated Life Skills group for children 10 to 13 years old
- Organized and facilitated MRT groups for adolescents 14 to 18 years old
- Organized and facilitated parent workshops
- Provided counseling and education to parents when needed
- Researched community resources for clients and their families
- Appeared in court to screen clients and explain the program to families
- Referred clients as needed to outside therapy and substance abuse treatment

**Aftercare Therapist, Beacon Center, Englewood, CO (Nov. 2004-Aug. 2005)**

Provided case management and therapy while conducting in-home individual and family therapy sessions for adolescents and their families.

- Prepared treatment plans, monthly reports, & session notes

- Provided timely case management and monitor individual client progress
- Researched community resources for clients and their families
- Provided updates to caseworkers, parole officers, & other professionals

**Counseling Intern.** Arvada Senior High School, Arvada, CO (2001– 2002). Worked with high school youth on life issues, college planning, and progress in school. Attended staff meetings and participated in planning and projects.

**Counseling Intern.** Family Tree, Karlis Center, Lakewood, CO (2000). Provided group, individual and family counseling to women, children and adolescents involved in domestic violence and divorce.

- Maintained a case load of approximately 10 clients
- Provided Case Management
- Kept detailed case notes and prepared treatment plans
- Met regularly with supervisor to discuss cases
- Assisted with supervised parenting visits
- Worked with staff to plan and organize group activities

**Student Counselor (Practicum).** University of Colorado, Denver, CO (2000). Provided individual counseling to adults in the practicum lab at the University.

- Counseled clients under direct supervision
- Maintained detailed case notes and prepared treatment plans
- Met weekly with supervisor to discuss case notes and treatment plans
- Met regularly with the practicum team to discuss cases
- Assisted with Love & Logic Parenting class, City of Lakewood

**Citizen Communication Administrator.,** City Manager’s Office, City of Lakewood, CO (2002 – 2004). Primary point of contact for Lakewood citizens in need of services.

- Served as liaison between citizens, city council, the Mayor, and Lakewood staff
- Provided case management
- Provided monthly reports to City Council and Department Directors
- Handled citizen complaints and concerns on the telephone and in person
- Utilized excellent organizational skills to track responses to concerns
- Researched and responded to inquiries on the City’s website
- Coordinated the department budget

**Code Enforcement Supervisor.** Community Planning and Development, City of Lakewood, CO (1992- 2002). Responsible for the day-to-day activities of the code enforcement section.

- Supervised five employees, wrote performance reviews and goals
- Responsible for the division’s budget
- Reviewed and wrote municipal ordinances, division policies, and procedures
- Made presentations to City Council, staff, and other community groups
- Negotiated with property owners to bring properties into compliance
- Responded to complaints regarding staff actions

**Code Enforcement Officer.** Community Planning and Development, City of Lakewood, CO (1988- 1992). Responsible for the enforcement of the Municipal Code.

- Maintained records and case management
- Read, interpreted and explained various regulations, laws, and policies
- Utilized strong interpersonal skills
- Testified in court